



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Ahnert, Marko

Club: Team Erdinger Alkoholfrei

Number: 225

Course: 10.00 km

10 km-Lauf

Category:

Männer M35

Total time: 41:16

Speed: 14.54 km/h

Running performance: 4:08 min/km

Rank in course/Total: 50 (of 245)

Rank in course/Men: 48 (of 182)

Best time in course: 33:27

Rank in category: 10(of 24)

Best time in the category: 37:04