



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Leßmann, Frank

Club: VS Leipzig

Number: 288

Course: 10.00 km

10 km-Lauf

Category:

Männer M40

Total time: 41:40

Speed: 14.40 km/h

Running performance: 4:10 min/km

Rank in course/Total: 60 (of 245)

Rank in course/Men: 58 (of 182)

Best time in course: 33:27

Rank in category: 5(of 26)

Best time in the category: 36:17