



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

**Volk, Hugo**

Club: VS Leipzig

Number: 349

Course: 10.00 km

10 km-Lauf

Category:

Männer M40

Total time: 42:06

Speed: 14.25 km/h

Running performance: 4:13 min/km

Rank in course/Total: 64 (of 245)

Rank in course/Men: 61 (of 182)

Best time in course: 33:27

Rank in category: 6(of 26)

Best time in the category: 36:17