



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

**Dudacy, Gerald**

Club: SSC Hanau-Rodenbach

Number: 363

Course: 10.00 km

10 km-Lauf

Category:

Männer M55

Total time: 42:51

Speed: 14.00 km/h

Running performance: 4:17 min/km

Rank in course/Total: 70 (of 245)

Rank in course/Men: 67 (of 182)

Best time in course: 33:27

Rank in category: 3(of 14)

Best time in the category: 38:53