



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Arnold, Klaus

Club: VS Leipzig

Number: 200

Course: 10.00 km

10 km-Lauf

Category:

Männer M40

Total time: 43:03

Speed: 13.94 km/h

Running performance: 4:18 min/km

Rank in course/Total: 73 (of 245)

Rank in course/Men: 70 (of 182)

Best time in course: 33:27

Rank in category: 8(of 26)

Best time in the category: 36:17