



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Wiedemann, Ulrike

Club: VS Leipzig

Number: 156

Course: 10.00 km

10 km-Lauf

Category:

Frauen W45

Total time: 43:22

Speed: 13.84 km/h

Running performance: 4:20 min/km

Rank in course/Total: 79 (of 245)

Rank in course/Women: 4 (of 63)

Best time in course: 38:52

Rank in category: 1(of 13)

Best time in the category: 43:22