



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Delias, Dietmar

Club: SC DHfK Leipzig

Number: 242

Course: 10.00 km

10 km-Lauf

Category:

Männer M40

Total time: 43:41

Speed: 13.74 km/h

Running performance: 4:22 min/km

Rank in course/Total: 81 (of 245)

Rank in course/Men: 76 (of 182)

Best time in course: 33:27

Rank in category: 10(of 26)

Best time in the category: 36:17