



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

**Keitel, Thomas**

Club: Oschatz

Number: 190

Course: 10.00 km

10 km-Lauf

Category:

Männer M40

Total time: 44:05

Speed: 13.61 km/h

Running performance: 4:25 min/km

Rank in course/Total: 85 (of 245)

Rank in course/Men: 80 (of 182)

Best time in course: 33:27

Rank in category: 11(of 26)

Best time in the category: 36:17