



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Roscher, Frank

Club: SG Nord Leipzig

Number: 324

Course: 10.00 km

10 km-Lauf

Category:

Männer M45

Total time: 44:26

Speed: 13.50 km/h

Running performance: 4:26 min/km

Rank in course/Total: 88 (of 245)

Rank in course/Men: 83 (of 182)

Best time in course: 33:27

Rank in category: 8(of 20)

Best time in the category: 33:39