



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

**Bretschneider, Michael**

Club: SC DHfK Leipzig

Number: 234

Course: 10.00 km

10 km-Lauf

Category:

Männer M45

Total time: 44:28

Speed: 13.49 km/h

Running performance: 4:27 min/km

Rank in course/Total: 90 (of 245)

Rank in course/Men: 85 (of 182)

Best time in course: 33:27

Rank in category: 9(of 20)

Best time in the category: 33:39