



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

#### **Speer, Annett**

Club: LG eXa Leipzig e.V.

Number: 150

Course: 10.00 km

10 km-Lauf

Category:

Frauen W40

Total time: 45:57

Speed: 13.06 km/h

Running performance: 4:36 min/km

Rank in course/Total: 104 (of 245)

Rank in course/Women: 7 (of 63)

Best time in course: 38:52

Rank in category: 3(of 9)

Best time in the category: 38:52