



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Werge, Lutz

Club: VS Leipzig

Number: 354

Course: 10.00 km

10 km-Lauf

Category:

Männer M50

Total time: 46:04

Speed: 13.02 km/h

Running performance: 4:37 min/km

Rank in course/Total: 105 (of 245)

Rank in course/Men: 98 (of 182)

Best time in course: 33:27

Rank in category: 13(of 20)

Best time in the category: 36:31