



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

**Gerstenberger, Helena**

Club: LFV Oberholz

Number: 55

Course: 5.00 km

5 km-Lauf (Kinder, Jugendliche)

Category:

weibliche Schüler B

Total time: 23:31

Speed: 12.76 km/h

Running performance: 4:42 min/km

Rank in course/Total: 16 (of 32)

Rank in course/Women: 3 (of 10)

Best time in course: 19:45

Rank in category: 2(of 3)

Best time in the category: 21:39