



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Heinze, Andreas

Club: SG Leipzig Bienitz Triathlon

Number: 370

Course: 10.00 km

10 km-Lauf

Category:

Männer M40

Total time: 47:30

Speed: 12.63 km/h

Running performance: 4:45 min/km

Rank in course/Total: 121 (of 245)

Rank in course/Men: 110 (of 182)

Best time in course: 33:27

Rank in category: 17(of 26)

Best time in the category: 36:17