



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

**Brendecke, Christian**

Club: SG Olympia 1896 Leipzig e.V.

Number: 396

Course: 10.00 km

10 km-Lauf

Category:

Männer M65

Total time: 48:21

Speed: 12.41 km/h

Running performance: 4:50 min/km

Rank in course/Total: 126 (of 245)

Rank in course/Men: 113 (of 182)

Best time in course: 33:27

Rank in category: 4(of 9)

Best time in the category: 45:13