



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

**Zobel, Frank**

Club: HTWK Leipzig

Number: 357

Course: 10.00 km

10 km-Lauf

Category:

Männer M20

Total time: 48:30

Speed: 12.37 km/h

Running performance: 4:51 min/km

Rank in course/Total: 130 (of 245)

Rank in course/Men: 115 (of 182)

Best time in course: 33:27

Rank in category: 18(of 21)

Best time in the category: 33:27