



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Winkler, Roland

Club: SCC Berlin

Number: 377

Course: 10.00 km

10 km-Lauf

Category:

Männer M60

Total time: 48:42

Speed: 12.32 km/h

Running performance: 4:52 min/km

Rank in course/Total: 133 (of 245)

Rank in course/Men: 118 (of 182)

Best time in course: 33:27

Rank in category: 6(of 10)

Best time in the category: 41:12