



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Link, Dietmar

Club: BSV AOK Leipzig e.V.

Number: 289

Course: 10.00 km

10 km-Lauf

Category:

Männer M45

Total time: 50:00

Speed: 12.00 km/h

Running performance: 5:00 min/km

Rank in course/Total: 143 (of 245)

Rank in course/Men: 126 (of 182)

Best time in course: 33:27

Rank in category: 14(of 20)

Best time in the category: 33:39