



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Apitzsch, Thorsten

Club: VS Leipzig

Number: 227

Course: 10.00 km

10 km-Lauf

Category:

Männer M40

Total time: 50:01

Speed: 12.00 km/h

Running performance: 5:00 min/km

Rank in course/Total: 144 (of 245)

Rank in course/Men: 127 (of 182)

Best time in course: 33:27

Rank in category: 18(of 26)

Best time in the category: 36:17