



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

**Gessner, Roberto**

Club: LFV Oberholz

Number: 385

Course: 10.00 km

10 km-Lauf

Category:

Männer M30

Total time: 51:07

Speed: 11.74 km/h

Running performance: 5:07 min/km

Rank in course/Total: 153 (of 245)

Rank in course/Men: 133 (of 182)

Best time in course: 33:27

Rank in category: 23(of 27)

Best time in the category: 33:36