



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

**Neudert, Gerd**

Club: Leipzig

Number: 382

Course: 10.00 km

10 km-Lauf

Category:

Männer M45

Total time: 51:17

Speed: 11.70 km/h

Running performance: 5:08 min/km

Rank in course/Total: 157 (of 245)

Rank in course/Men: 136 (of 182)

Best time in course: 33:27

Rank in category: 16(of 20)

Best time in the category: 33:39