



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Schallehn, Detlev

Club: VS Leipzig

Number: 395

Course: 10.00 km

10 km-Lauf

Category:

Männer M45

Total time: 51:34

Speed: 11.64 km/h

Running performance: 5:10 min/km

Rank in course/Total: 159 (of 245)

Rank in course/Men: 138 (of 182)

Best time in course: 33:27

Rank in category: 17(of 20)

Best time in the category: 33:39