



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Fröhlich, Rene

Club: VS Borna

Number: 252

Course: 10.00 km

10 km-Lauf

Category:

Männer M30

Total time: 52:13

Speed: 11.49 km/h

Running performance: 5:13 min/km

Rank in course/Total: 166 (of 245)

Rank in course/Men: 142 (of 182)

Best time in course: 33:27

Rank in category: 25(of 27)

Best time in the category: 33:36