



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

**Plewe, Birgit**

Club: Leipzig

Number: 171

Course: 10.00 km

10 km-Lauf

Category:

Frauen W45

Total time: 52:19

Speed: 11.47 km/h

Running performance: 5:14 min/km

Rank in course/Total: 167 (of 245)

Rank in course/Women: 25 (of 63)

Best time in course: 38:52

Rank in category: 6(of 13)

Best time in the category: 43:22