



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Könnecke, Hannelore

Club: Volkssport Leipzig

Number: 104

Course: 10.00 km

10 km-Lauf

Category:

Frauen W55

Total time: 52:25

Speed: 11.45 km/h

Running performance: 5:14 min/km

Rank in course/Total: 169 (of 245)

Rank in course/Women: 27 (of 63)

Best time in course: 38:52

Rank in category: 3(of 5)

Best time in the category: 49:03