



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Wawrzetz, Boris

Club: VS Rackwitz

Number: 351

Course: 10.00 km

10 km-Lauf

Category:

Männer M40

Total time: 52:57

Speed: 11.33 km/h

Running performance: 5:18 min/km

Rank in course/Total: 172 (of 245)

Rank in course/Men: 145 (of 182)

Best time in course: 33:27

Rank in category: 22(of 26)

Best time in the category: 36:17