



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

**Kriegeskorte, Hans-Joachim**

Club: SG LVB Leipzig

Number: 208

Course: 10.00 km

10 km-Lauf

Category:

Männer M65

Total time: 53:27

Speed: 11.23 km/h

Running performance: 5:20 min/km

Rank in course/Total: 175 (of 245)

Rank in course/Men: 148 (of 182)

Best time in course: 33:27

Rank in category: 6(of 9)

Best time in the category: 45:13