



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Herbener, Sabine

Club: WSG Marienbrunn

Number: 117

Course: 10.00 km

10 km-Lauf

Category:

Frauen W45

Total time: 53:49

Speed: 11.15 km/h

Running performance: 5:23 min/km

Rank in course/Total: 179 (of 245)

Rank in course/Women: 31 (of 63)

Best time in course: 38:52

Rank in category: 8(of 13)

Best time in the category: 43:22