



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Kinkel, Volkmar

Club: Leipzig

Number: 371

Course: 10.00 km

10 km-Lauf

Category:

Männer M55

Total time: 54:32

Speed: 11.00 km/h

Running performance: 5:27 min/km

Rank in course/Total: 184 (of 245)

Rank in course/Men: 153 (of 182)

Best time in course: 33:27

Rank in category: 8(of 14)

Best time in the category: 38:53