



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Kießling, Mario

Club: LC Auensee Leipzig

Number: 275

Course: 10.00 km

10 km-Lauf

Category:

Männer M60

Total time: 55:25

Speed: 10.83 km/h

Running performance: 5:32 min/km

Rank in course/Total: 191 (of 245)

Rank in course/Men: 159 (of 182)

Best time in course: 33:27

Rank in category: 9(of 10)

Best time in the category: 41:12