



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Creutzmann, Achim

Club: LC Auensee Leipzig

Number: 241

Course: 10.00 km

10 km-Lauf

Category:

Männer M55

Total time: 56:12

Speed: 10.68 km/h

Running performance: 5:37 min/km

Rank in course/Total: 197 (of 245)

Rank in course/Men: 163 (of 182)

Best time in course: 33:27

Rank in category: 12(of 14)

Best time in the category: 38:53