



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

**Schneider, Hans-Dietrich**

Club: all-on-sea Leipzig

Number: 330

Course: 10.00 km

10 km-Lauf

Category:

Männer M55

Total time: 57:53

Speed: 10.37 km/h

Running performance: 5:47 min/km

Rank in course/Total: 201 (of 245)

Rank in course/Men: 166 (of 182)

Best time in course: 33:27

Rank in category: 13(of 14)

Best time in the category: 38:53