



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

**Opitz, Wilfried**

Club: BSV AOK Leipzig e.V.

Number: 380

Course: 10.00 km

10 km-Lauf

Category:

Männer M70

Total time: 57:54

Speed: 10.36 km/h

Running performance: 5:47 min/km

Rank in course/Total: 202 (of 245)

Rank in course/Men: 167 (of 182)

Best time in course: 33:27

Rank in category: 3(of 8)

Best time in the category: 41:38