



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Holke, Karin

Club: LC Auensee Leipzig

Number: 102

Course: 10.00 km

10 km-Lauf

Category:

Frauen W45

Total time: 58:48

Speed: 10.20 km/h

Running performance: 5:53 min/km

Rank in course/Total: 206 (of 245)

Rank in course/Women: 38 (of 63)

Best time in course: 38:52

Rank in category: 10(of 13)

Best time in the category: 43:22