



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

Riedel, Immo

Club: BSV AOK Leipzig e.V.

Number: 321

Course: 10.00 km

10 km-Lauf

Category:

Männer M55

Total time: 59:39

Speed: 10.06 km/h

Running performance: 5:58 min/km

Rank in course/Total: 207 (of 245)

Rank in course/Men: 169 (of 182)

Best time in course: 33:27

Rank in category: 14(of 14)

Best time in the category: 38:53