



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Schräpel, Grit

Club: VS Leipzig

Number: 148

Course: 10.00 km

10 km-Lauf

Category:

Frauen W40

Total time: 1:01:42

Speed: 9.72 km/h

Running performance: 6:10 min/km

Rank in course/Total: 219 (of 245)

Rank in course/Women: 45 (of 63)

Best time in course: 38:52

Rank in category: 7(of 9)

Best time in the category: 38:52