



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Köhler, Manfred

Club: LC Auensee Leipzig

Number: 279

Course: 10.00 km

10 km-Lauf

Category:

Männer M65

Total time: 1:02:39

Speed: 9.58 km/h

Running performance: 6:16 min/km

Rank in course/Total: 223 (of 245)

Rank in course/Men: 176 (of 182)

Best time in course: 33:27

Rank in category: 9(of 9)

Best time in the category: 45:13