



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Münch, Uwe

Club: SV Lok Nordost Leipzig

Number: 297

Course: 10.00 km

10 km-Lauf

Category:

Männer M50

Total time: 1:05:15

Speed: 9.20 km/h

Running performance: 6:31 min/km

Rank in course/Total: 231 (of 245)

Rank in course/Men: 177 (of 182)

Best time in course: 33:27

Rank in category: 20(of 20)

Best time in the category: 36:31