



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

**Streichardt, Ilona**

Club: VS Erfurt

Number: 152

Course: 10.00 km

10 km-Lauf

Category:

Frauen W50

Total time: 1:07:19

Speed: 8.91 km/h

Running performance: 6:44 min/km

Rank in course/Total: 238 (of 245)

Rank in course/Women: 59 (of 63)

Best time in course: 38:52

Rank in category: 6(of 7)

Best time in the category: 46:43