



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

**Laue, Jens**

Club: Chemnitz

Number: 23

Course: 5.00 km

5 km Fitnesslauf

Category:

Männer

Total time: 28:30

Speed: 10.53 km/h

Running performance: 5:42 min/km

Rank in course/Total: 6 (of 21)

Rank in course/Men: 3 (of 4)

Best time in course: 27:13

Rank in category: 3(of 4)

Best time in the category: 27:13