



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

**Giebel, Jörg**

Club: SC DHfK Leipzig

Number: 257

Course: 10.00 km

10 km-Lauf

Category:

Männer M45

Total time: 33:39

Speed: 17.83 km/h

Running performance: 3:22 min/km

Rank in course/Total: 3 (of 245)

Rank in course/Men: 3 (of 182)

Best time in course: 33:27

Rank in category: 1(of 20)

Best time in the category: 33:39