



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

**Beier, Detlef**

Club: LC Auensee Leipzig

Number: 229

Course: 10.00 km

10 km-Lauf

Category:

Männer M50

Total time: 36:31

Speed: 16.43 km/h

Running performance: 3:39 min/km

Rank in course/Total: 10 (of 245)

Rank in course/Men: 10 (of 182)

Best time in course: 33:27

Rank in category: 1(of 20)

Best time in the category: 36:31