



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Krause, Lars

Club: www.schloss-tvebsen.com

Number: 373

Course: 10.00 km

10 km-Lauf

Category:

Männer M40

Total time: 36:32

Speed: 16.42 km/h

Running performance: 3:39 min/km

Rank in course/Total: 11 (of 245)

Rank in course/Men: 11 (of 182)

Best time in course: 33:27

Rank in category: 2(of 26)

Best time in the category: 36:17