



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Speer, Ronald

Club: LG eXa Leipzig e.V.

Number: 336

Course: 10.00 km

10 km-Lauf

Category:

Männer M40

Total time: 37:36

Speed: 15.96 km/h

Running performance: 3:46 min/km

Rank in course/Total: 17 (of 245)

Rank in course/Men: 17 (of 182)

Best time in course: 33:27

Rank in category: 3(of 26)

Best time in the category: 36:17