



8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

Detailed evaluation

Poerner, Gernot

Club: VS Leipzig

Number: 308

Course: 10.00 km

10 km-Lauf

Category:

Männer M30

Total time: 38:03

Speed: 15.77 km/h

Running performance: 3:48 min/km

Rank in course/Total: 22 (of 245)

Rank in course/Men: 22 (of 182)

Best time in course: 33:27

Rank in category: 5(of 27)

Best time in the category: 33:36