



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

**Pregel, Jörn**

Club: VS Leipzig

Number: 310

Course: 10.00 km

10 km-Lauf

Category:

Männer M20

Total time: 38:30

Speed: 15.58 km/h

Running performance: 3:51 min/km

Rank in course/Total: 25 (of 245)

Rank in course/Men: 25 (of 182)

Best time in course: 33:27

Rank in category: 10(of 21)

Best time in the category: 33:27