



## 8. Frühjahrslauf des BSV AOK Leipzig

Leipzig / 20.03.2010

### Detailed evaluation

Lässig, David

Club: freshrunners 01

Number: 212

Course: 10.00 km

10 km-Lauf

Category:

Männer M35

Total time: 39:30

Speed: 15.19 km/h

Running performance: 3:57 min/km

Rank in course/Total: 35 (of 245)

Rank in course/Men: 34 (of 182)

Best time in course: 33:27

Rank in category: 6(of 24)

Best time in the category: 37:04