



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Limpert, Ramona

Club: Sportteam-Steinbach Meiningen

Number: 91

Course: 9.30 km

Kurze Strecke

Category:

Frauen W30

Total time: 46:41

Speed: 11.57 km/h

Running performance: 5:01 min/km

Rank in course/Total: 117 (of 286)

Rank in course/Women: 11 (of 77)

Best time in course: 35:49

Rank in category: 1(of 5)

Best time in the category: 46:41