



7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

Detailed evaluation

Lindner, Kathrin

Club: LSV Lok Arnstadt

Number: 93

Course: 9.30 km

Kurze Strecke

Category:

Frauen W45

Total time: 47:55

Speed: 11.27 km/h

Running performance: 5:09 min/km

Rank in course/Total: 128 (of 286)

Rank in course/Women: 15 (of 77)

Best time in course: 35:49

Rank in category: 4(of 12)

Best time in the category: 40:30