



## 7. Ilmenauer Osterlauf "Rund um die Talsperre Heyda"

Ilmenau, Ortsteil Heyda / 03.04.2010

### Detailed evaluation

**Zelle, Monique**

Club: Dream Team Ilmenau

Number: 187

Course: 9.30 km

Kurze Strecke

Category:

Frauen W40

Total time: 48:05

Speed: 11.23 km/h

Running performance: 5:10 min/km

Rank in course/Total: 132 (of 286)

Rank in course/Women: 17 (of 77)

Best time in course: 35:49

Rank in category: 4(of 18)

Best time in the category: 43:12